

ANNUAL REPORT
2019



ACT
for
PEACE



REFLECTION FROM
HH SHEIKHA INTISAR ALSABAH





Dear Humanitarians and lovers of this wonderful World that we live in,

The fact you are reading this is evidence that you care. Evidence that you want to support making this a better world. Evidence that you, like myself, want to help bring Peace to the Arab Region and hence the Whole World in general.

As I write this reflection, I am at home during lockdown like billions of people around Earth because of the COVID-19 pandemic. I realize that we are living in a troubling and challenging time. A time where we can reflect on our lives, our loved ones, our impact on others and the Earth. As well as what our contribution to the mental wellness of humans can be, be it one person who might share this lockdown with us at our home or the many others who we will see when this is over. I am sure most of us will come out feeling more grateful for having what we have from loved ones to home, safety and health.

2019 has been a year of great accomplishments for Intisar Foundation;

Our teams worked tirelessly in the field within refugee camps and different areas in Lebanon and Jordan. We ran several program and supported women to overcome trauma through Drama Therapy. We also started talks with universities around the world to have more Arab female Drama Therapists graduate and become facilitators with us in the field.

We realized our dream of #1MillionArabWomen empowered, courageousto create peace through healing from their trauma and embracing their full potential so they can let go of all War inside of themselves and then within their families, communities and the region.



In 2019, I was honored and blessed to meet these great women many times in the field and see firsthand their transformation and their greatness unfolding before my eyes, seeing them support others in a way that they never thought they could before. All the women have expressed how only through doing our training have they finally understood and realized their worth and so started making full use of it. Some had been attending to many other workshops, but they simply were not able to fully integrate what was being offered. Whereas with Drama Therapy, they were letting go of their fears with engaging, interactive and sometimes playful and fun exercises. Never did they think that they could laugh through their pain, dance their woes away or share their stories in such a safe environment.



allow us to offer our continued mental health support for our wonderful women.

There has never been a more needed time in this whole world for mental wellbeing and I am so humbled that we have the knowhow and are continuing our support of the underprivileged and the most vulnerable.

What the world at large has discovered is that mental health is a big part of basic needs and I know when this is over, we will notice a huge rise in attention given to this almost forgotten part of our needs to survive and thrive.

I am so proud to be one slice of this delicious cake of love called Intisar Foundation along with our amazing Board members, generous Donors, our relentlessly dedicated Teams in 3 countries and our local partnering NGOs who make all the tremendous work we do almost effortless.

Thank God for Drama Therapy for keeping us all sane, standing and shining.

What they also loved was the simplicity of Drama Therapy and its ability to make them forge strong relationships with the other women in the group, and thus creating a great support system that they had lacked before.

After the programs end, and while we offer them follow-up monthly sessions, the women continue their relationship with the rest of the group, because the sessions have built such a strong sense of friendship and belonging among them. Our ladies have realized that the support they get from each other and from the Foundation can continue as long as they need, and this makes them continue their path with ease and conviction of their power, and to make

a difference in their life, the lives of their families and those within their communities. All this is new to them, as we are the only NGO in the region focusing on mental health support for women through the non-stigmatizing and community based therapeutic approach of Drama therapy.

2020 started great, then things suddenly changed, which made us find innovative solutions to continue our support, albeit virtually. We have made many changes to allow us to continue supporting our women who now require the love and warmth of Drama Therapy more than ever. Until this pandemic passes and we can physically get together with them again, we will be implementing virtual sessions and creating videos of Drama Therapy exercises that



Much Love and Gratitude
Intisar



Women

Empowerment

Peace *Removing Depression*

Enhancing Confidence

Intensifying Self Love *Stopping Violence*

Removing Depression

Raising Love

Removing Guilt

Growing Hope

Enhancing Peace Confidence
Stopping Anxiety Raising Voices

Better Emotional Awareness

Empowerment

Removing Shame

Peace Raising Love

Removing Depression

Stopping Anxiety

Removing Depression

Empowerment

Peace

Raising Voices

Better Emotional Awareness

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Women Empowerment

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Raising Love

Love

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**THE START OF OUR
JOURNEY**



Intisar Foundation is a nonprofit charitable organization registered in the UK and we are the only NGO in the world that promotes mental health and emotional wellbeing for women affected by war through the use of Drama Therapy. HH Sheikha Intisar AlSabah launched Intisar Foundation in 2018 after realizing the lack of psychological support for women affected by war in the Arab world.

The foundation became officially a registered charity with the charity commission for England and Wales on March 8th of 2019, marking International Women's Day.

UK registration charity number 1182384



We use Drama Therapy, a form of creative arts therapy, as it is a very gentle yet effective tool that provides a deep therapeutic process. Our community-based interventions, within some of the most marginalized communities in Lebanon and Jordan, enable the women to heal their trauma and become empowered. Our unique approach makes us also the only NGO in the Arab world solely focused on the psychological and mental health of women, who are the cornerstone of the family and the society.

Our programs have helped dozens of women overcome the trauma of war and other mental health issues including depression, anxiety, PTSD, as well as improving their self-confidence and emotional well-being. Official reports have shown that women are the first victims of armed conflicts, Intisar Foundation exists to be part of the solution to build the post-war life by providing an initial response through psychological support programs.



TRANSFORMATIONAL TECHNIQUES





Drama Therapy is a multi-modality approach that uses expressive drama techniques to aid self-exploration and self-expression as means of psychological healing. Our programs are implemented in a group setting, which allows for a domino effect, in which several forthcoming women emboldened the rest of the group to open up about their experiences. Our programs focus on releasing tension held within the body using dance and movement, tackling traumatic memories through acting and character development as a form of storytelling by proxy.



OUR PROGRAMS HAVE HELPED



68.75%

of our participants experienced reduction in PTSD*



93.75%

of our participants experienced reduction in depression*



75%

of our participants experienced reduction in Anxiety*



75%

of our participants experienced increased positive emotional experiences or decreased negative emotional experiences*



43.75%

of our participants experienced improvement in satisfaction with life*

*based on a pilot study conducted in Shatila Refugee camp in 2019 using psychometric scales

OUR APPROACH TO HEALING
WOMEN AFFECTED BY WAR



Drama Therapy

Promotes Concentration and Mindfulness
Enhance Resiliency and Empowerment

Nurtures Self-recovery
Facilitates Expression and Openness

Relieve Stress
Instills Optimism

Instills Optimism
Restore Hope

Facilitates Expression and Openness
Improves Self-Love

Improves Self-Love

Relieve Stress

Restore Hope
Nurtures Self-recovery

Enhance Resiliency and Empowerment
Promotes Concentration and Mindfulness



Drama Therapy permits the flexible utilization of various activities that allow each woman to explore and overcome her individual trauma at her own pace and comfort. It facilitates catharsis and improves social skills. It allows our 1 Million Arab Women to release deeply held emotions and trauma while gaining confidence and becoming empowered. Our programs are held in group sessions which creates a support group and instills a sense of belonging to one another.

DRAMA THERAPY EXERCISES

You can try these exercises to experience the benefit of Drama Therapy in the comfort of your home.



Grounding Technique

The grounding practice can help pull away unwanted memories or negative and challenging emotions. The techniques used in this exercise can distract you from what you're experiencing with refocusing on what's happening in the present moment.

STEP 1



Go to a calm room, sit up right with knees at a 90° degree position

STEP 2



Place your hands on your knees and practice breathing slowly

STEP 3



Take the time to reconnect with your emotions by breathing

EXERCISES BENEFITS

- calms the thought process

- Alters the mood positively

- Reduces anxiety levels

- Connection with the body and mind

- keeps us in a mindful state

Social Atom

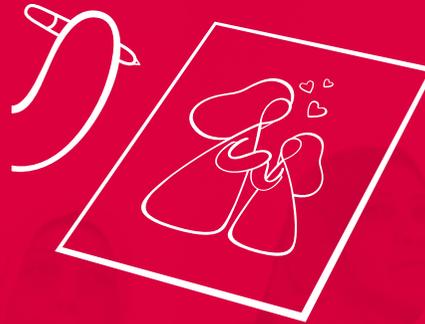
Social Atom is an exercise that helps us evaluate and realize our social circle in an intentional way, creating better awareness and appreciation for those we love and care about.

STEP 1



Get a pen and a paper. Sit down and try to draw yourself and all other relations in your life

STEP 2



Try to draw the connection between yourself and the other person on paper

STEP 3



Reflect on this bond network, you will have an idea of a clear image circling this bond in your life

EXERCISES BENEFITS

- Reevaluation of the social connections
- Gaining a better understanding of your standing with others
- Remembering old relationships
- Express feelings towards others without judgement
- Consider future possibilities with relationships

Dance Exercise for Mindfulness

Dance movement is a therapeutic form of exercise which is great not only for physical health but also mental and emotional health.

STEP 1



Stand in front of a mirror and
"See Yourself" through

STEP 2



Play music that makes you in a
happy state and start moving your
body slowly

STEP 3



Feel your body as it moves to the
rhythmic motions of your feeling
and dance

EXERCISES BENEFITS

- Relieves stress

- Increases endorphins in the body

- Improves spatial coordination and balance

- Distracts from negative thoughts and emotions

- Improves self-esteem

PEACE IN
PROGRESS





1015

hours of work in the field



366

hours of workshops in the field



136

beneficiaries reached



10

new programs



7

international conferences



6

plays



2

book launches



2

funds raising events



Launched our
#1MillionArabWomen
campaign

**INSIGHTS FROM
WITHIN**



I used to feel like everything was over, I had lost hope in all aspects, even studying. But when I came here, life came back to me, like nothing could stop me.

*Randa**
One of our 1 Million Arab Women

Whenever I have a bad day, I remember the exercises we do during the Drama Therapy sessions and I do them at home. I instantly feel better.

*Hadeel**
One of our 1 Million Arab Women

When I stood on the stage, all my fears melted away. I could tell my story for the first time without crying.

*Noor**
One of our 1 Million Arab Women

I used to be so angry all of the time, when my daughter would ask me for a glass of water I would slap her. After joining the Drama Therapy sessions, I could control my emotions and I realized she is just thirsty.

*Arwa**
One of our 1 Million Arab Women

I used to feel that I am no one, now I feel like I am standing on a high mountain where my voice is heard, and I want everyone to see me and see that I am someone!

*Ruba**
One of our 1 Million Arab Women

I never danced before, not at a party or a wedding. When we danced in the sessions, I did not feel scared. My friends and I always dance at home, it's a great way to feel better.

*Leen**
One of our 1 Million Arab Women

I learned to talk. I never imagined that I would speak openly about my personal life, or sing, or dance while people are watching. I learned that love is about giving and trusting others. Just having fun and being able to take things easy. Your love taught us so many things.

*Sana'a**
One of our 1 Million Arab Women

I felt like something was cleansing me from within, I hurt a lot, I cried a lot, but I also grew a lot with the use of Drama Therapy.

*Rana**
One of our 1 Million Arab Women

*Names have been changed to maintain anonymity

*Names have been changed to maintain anonymity

OUR PROGRAMS & FIELD WORK





In 2019, Intisar Foundation launched 10 programs across Lebanon and Jordan. Because we care about our beneficiaries, we devised a unique system comprised of two kinds of programs that allow us to provide long-term psychological support and follow up within the communities we work in.

Our "intensive" programs consist of 12 to 16 weekly sessions where we focus on creating a safe space for expression and vulnerability, building a sense of community among the women and facilitating catharsis. Each intensive program starts with 15 to 20 women, ensuring each woman has the space to flourish.

Our "Follow-up" programs are once-monthly sessions where the groups who have completed the intensive sessions are invited to attend on-going sessions. The program offers disjointed and all-encompassing sessions that focus on instilling long-term resilience and social skills.



As part of our strategy, we have also started new plans to expand to Ain El Helwe refugee Camp in Saida, and Al Jaleel (or Wavel) refugee camp in Baalbek, Lebanon. Our surveys of those two camps showed that they are both located in areas deeply affected by poverty, lack of infrastructure and general neglect. The need for psychological support within these two camps is unquestionable, as they have both witnessed countless acts of violence. Our outreach to these communities is a part of our plan for expansion, as we believe that psychological support for women is the first step towards instilling peace within communities.

Lebanon

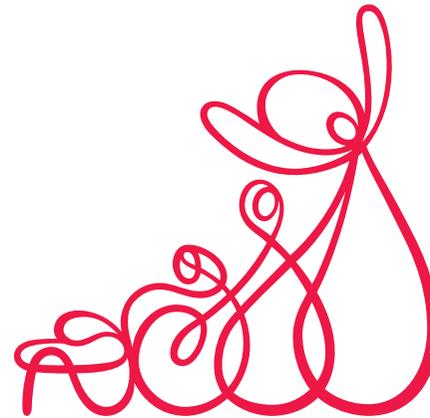
- 2** follow up programs in **Shatila refugee camp in Beirut, Lebanon**
- 2** intensive programs in **Shatila refugee camp in Beirut, Lebanon**
- 2** intensive programs in **Tripoli, Lebanon**

Jordan

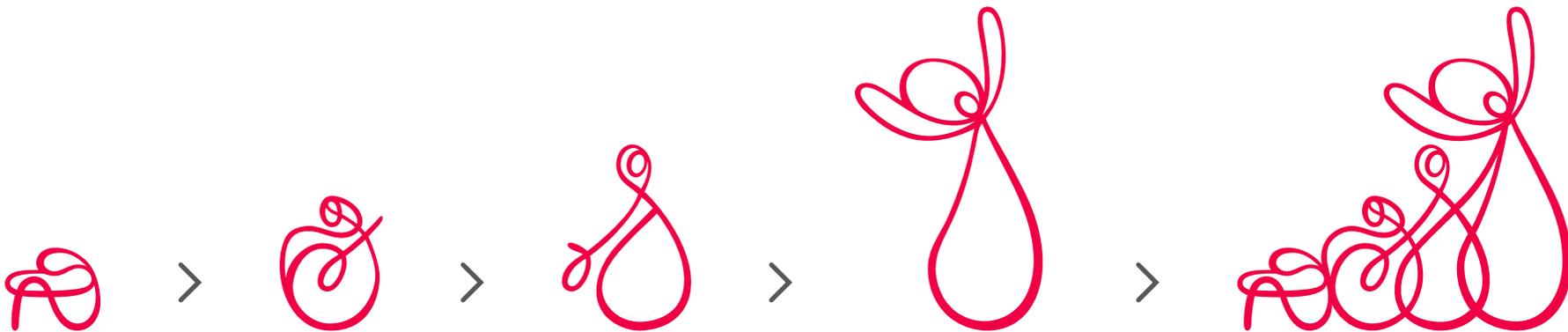
- 1** follow up programs in **Jabal Al Natheef in Amman, Jordan**
- 2** intensive programs in **Jabal Al Natheef in Amman, Jordan**
- 1** intensive programs in **Al Salt, Jordan**

FROM TRAUMA TO EMPOWERMENT

In October 20th of 2019, we officially rebranded from Intisars foundation to Intisar Foundation. Our new logo symbolizes the journey of a woman affected by war through the use of Drama Therapy that liberates her mind and releases unresolved emotions. Our woman goes from being in the fetal position caused by feelings of torment and helplessness and as she starts attending our programs she grows in resiliency as she strengthens her tired mind, stands up to have a voice, and to be seen and triumphant over her ordeal. This transformation showcases her victory over her trauma .



**Intisar
Foundation**



1 MILLION

ARAB WOMEN GOAL



On March 28th 2019, HH Sheikha Intisar AlSabah launched the 1 Million Arab Women initiative, which promised to heal and empower **#1millionarabwomen** through Drama therapy. We have millions of internally and externally displaced Arab women, struggling every day to cope with difficulties and sacrifices they did not choose to see or face. In order to reach this goal, Intisar Foundation has taken steps towards advancing the discipline of Drama Therapy in the Arab World. Those include scholarships, ToT programs and a technical committee.

We have taken preliminary steps to establish scholarship programs for Arab women to become Drama Therapists through talks with various universities within the Arab world and internationally offering Masters degree in this field. This program will provide education and career opportunities to highly motivated and talented women who will in turn work with Intisar Foundation to implement Drama Therapy programs across the Arab World. As a part of the program, 800 hours of field training will be required to complete the degree. In total, we hope to educate and train 600 new Drama Therapists over the next 20 years.



600

new drama
therapists



900

hours for training
for TOT



800

hours for training
for scholarship

FULFILLING GREATER GOALS

Intisar Foundation and our funding partners work in line with the United Nations Sustainable Development Goals. The SDGs are a set of 17 goals set by the United Nations General Assembly to reduce inequality and ensure a better future for the world. Intisar Foundation is proud to be a part of this movement by fulfilling a total of 6 SDGs:

SDG 3 – Good health and well-being

By supporting women's psychological health, we ensure their well-being is maintained as well as better physical health through better psychological health.

SDG 5 – Gender equality

Our programs empower women and help them realize their full potential.

SDG 8 – Decent work and economic growth

Our funding partners, Intisars and Ebbarra, abide by providing dignified job opportunities while supporting our efforts.

SDG 12 – Responsible consumption and production

Our funding partners, Intisars and Ebbara, only use sustainable, traceable and ethically sourced raw materials.

SDG 16 – Peace, justice and strong institutions

Our programs promote peace and tolerance among the communities we work within.

SDG17 - Partnership for the goals

Our partnerships with local NGOs, universities, agencies and centers ensure the ability to grow towards peace in the Arab world.

17

PARTNERSHIP FOR THE GOALS



GOOD HEALTH AND WELL-BEING

3



16

PEACE, JUSTICE AND STRONG INSTITUTION



We Support UN SDGs

GENDER EQUALITY

5



12

RESPONSIBLE CONSUMPTION AND PRODUCTION



DECENT WORK AND ECONOMIC GROWTH

8



**ALWAYS CLOSE TO OUR
BENEFICIARIES**





In 2019, our founder HH Sheikha Intisar ALSabah and CEO Karima Anbar visited with the programs in the field in Lebanon and Jordan. They attended and participated in sessions where they got a chance to experience the activities of Drama Therapy and connect with our beneficiaries. These visits offer a chance for direct contact with the women to better understand the impact of the program and their journeys of healing through Drama Therapy. Our efforts to always be close and in touch with our beneficiaries allow us to constantly refine and improve our approach. **Over 100 hours were spent in field visits among HH Sheikha Intisar ALSabah and Ms Karima Anbar between Lebanon and Jordan.** Our teams located in Lebanon and Jordan have spent in total 1015 hours in the field working directly with our newly empowered women.



1015

hours in the field with our newly empowered women.

Team members in JORDAN

Reem Abu kishk
Eliana Sayegh

Team members in LEBANON

Sara Sakhi
Farah Wardani
Lyn Hariri



ACHIEVING PEACE IN A GLOBAL ACT



UK
Netherlands
Spain
Paris
Morocco
Jordan

Throughout 2019, Intisar Foundation participated in several international conferences as a part of our efforts to advocate for our cause. The conferences allowed us to spread our message about the importance of psychological support for Arab women affected by war, as Intisar Foundation is the only foundation to exclusively focus on the mental health of Arab women through the use of dramatherapy. Our advocacy is a large part of our mission, as we can give a global voice to the most marginalized and shed light on their needs through our work.

Chatham house conference:
Philanthropy and women in the Gulf,
held in Holland between April 9th and
11th 2019.



**Global One, Hashemite University and
University of Birmingham's conference:**
Women, Faith and Humanitarian
Interventions, space for women and
girls, held in Jordan on April 23rd 2019.



Women in Africa conference:
Women empowerment initiatives,
held in Morocco on June 28th 2019.



**Thinkers and Doers General Assembly
of Corporate Citizens:**
Tolerance and Diversity, held in
Morocco on June 30th 2019.



**European Creative Art therapy
conference:**
held in Spain between 11th. and
15th of September 2019.



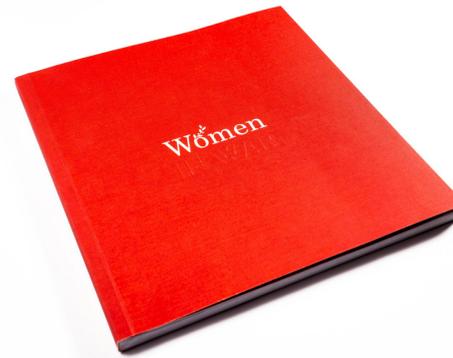
Game changers:
speech at the House of Commons, held
in the UK on November 15th 2019.



Women's forum global meeting:
Embracing power & purpose for
an equal future, held in France
on November 18th 2019.



OUR PUBLICATIONS



Women in War

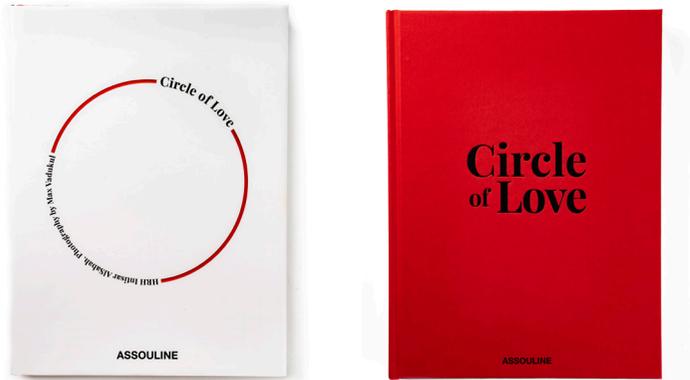
Women in War book is the outcome of an art exhibition curated by the renowned Kuwaiti artist Amira Behbehani and a round table discussion organized by ICRC under the patronage of HH Sheikha Intisar AlSabah which shed light on the issues women affected by war are facing. This event acted as the precursor to Intisar Foundation as it was then that HH Sheikha Intisar AlSabah decided to fill the gap in psychological support offered to Arab women who survived war by founding Intisar Foundation.

The Women in War round table discussion was held to raise awareness on the role of women during armed conflicts and the many challenges faced by them. Given the leading role Kuwaiti women played during the second Gulf war, the round table gathered some of the most influential Kuwaiti women to share their views and experience with war. The collection of art works displayed in the book tells different stories, illustrating the plurality of women's experiences in armed conflict. Some reflect on the vulnerability of women faced with extreme forms of violence, deprivation and despair, while others are bearing witness to the strength of humanity in the midst of the chaos of war, holding a glimpse of hope.

The book Women in War presents the photos of the art works and the conclusion of the round table to spread awareness on the plights of women affected by war.



Circle of love

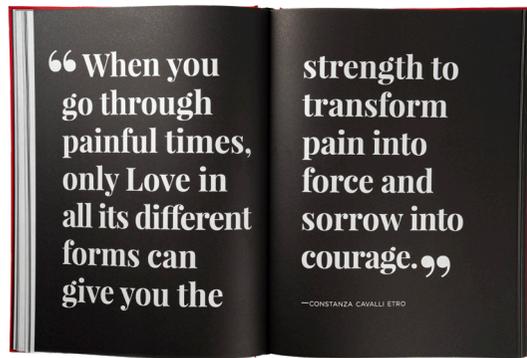


The Circle of Love book portrait 87 inspirational women (Yasmin Le Bon, Princess Dina Mired, Afef Jnifen, Giorgia Martone, Cristina Cuomo, Maria Buccellati, among others) coming from different backgrounds (princesses, models, designers, poets, doctors, artists, speakers, mentors, among others) that leaved both their hearts and souls to inspire others with their own poignant stories. The Circle of Love highlights those influential and powerful female figures from all around the world to speak and encourage others to rise and face their challenges.

A rewarding collaboration was made between the

renowned publishing house Assouline, HH Sheikhha Intisar AlSabah and the firstly ever photographer in the world who photographed the magnificent portraits of 22 Nobel Laureates in one shot, Max Vadukul. The pioneer photographer played a huge part in featuring the strong women in his playful frame to manifest the real essence of power and resilience seen to one another.

The inspirational women share personal stories of empowerment and resilience, with all the book sale proceeds going swimmingly to a humanitarian cause of dedication to helping women affected by trauma and war through the use of drama therapy.



ASSOULINE



HH Sheikhha Intisar AlSabah



Afef Jnifen



Yasmin Le Bon



Giorgia Martone



**SHOWCASING OUR NEWLY
EMPOWERED WOMEN**





Throughout 2019, we were able to share our work with the world through two documentary films "Giving Refugee Women a Voice" and "I Will Be Fine".

"Giving Refugee Women a Voice" followed the journey of our first ever drama therapy program which took place in Shatila Refugee Camp between October and December of 2018. The film showcased insights from three beneficiaries on the transformative experience of Drama Therapy. The film was released in January of 2019.

"I will be fine" captured the journey of 18 beneficiaries who took part in a drama therapy program in Shatila refugee camp between March and June of 2019. The program ended with a play entitled "Beit Bayout" that took place in Laban Wasel Studio in Hamra, Beirut on the 11th of June of 2019. The play consisted of short monologues prepared by the beneficiaries themselves that told stories from their time in war, exile and lives as refugees. Over 100 guests attended the play, among them ambassadors and representatives from the humanitarian sector in Lebanon and the Middle East. Hence, we have entered for consideration for Sheffield Doc/Festival in June 2020 in regard of our latest documentary "I Will Be Fine".



New Documentary

- ▶ **Giving Refugee Women a Voice**
- ▶ **I Will Be Fine**



OUR
RESEARCH





In 2019, we undertook two different scientific research projects as a part of our efforts to advocate for the importance, legitimacy and reliability of Drama Therapy as an effective therapeutic tool for women affected by war.

Research 1:

“The Power of Theater Expression and Communication: A Psychological Therapeutic Intervention in a Refugee Camp: An IPA Study Into the Narratives of Women Refugees’ Experience With Drama Therapy”

This was a qualitative research paper that delved into the subjective experiences of 7 Syrian refugee women affected by war who took part in the first drama therapy program Intisar Foundation held in Lebanon. The research found that Drama Therapy can improve positive affect reduce negative affect , as well as create a sense of community and belonging.

Research 2:

“Pilot study: The effects of drama therapy on Arab socioeconomically disadvantaged and refugee women”

This quantitative pilot study utilized a repeated measure design to examine how Drama Therapy can impact different forms of mental health issues including depression, PTSD, anxiety, self-esteem and emotional well-being.

www.intisarfoundation.org/one-million-arab-women/#research



MEDIA REACH AND PUBLICATIONS

In the rise of empowering women affected by war through Drama Therapy, media reach played its role in showcasing our work to everyone publicly. As a foundation, we have been showcased in more than 10 online newspapers, 8 local newspapers, 10 radio lives, and numerous television interviews for a total number of 50 articles and interviews. During the year of 2019, we have been able in spreading our message openly with voicing the real impact of our drama therapy work. The transformational techniques of Drama Therapy implemented on our 1 Million Arab Women, have helped women affected by war heal psychologically and mentally with the rise of empowerment and resilience.



10

online newspapers



8

local newspapers



10

radio lives



50

articles and interviews



ONLINE & PRINT MEDIA

الانباء

رئيس التحرير: يوسف خالد يوسف المرزوق

رئيسية | أخبار الكويت
مؤسسة "انتصار" الخيرية تطلق كتاباً جديداً عن تجارب 110 امرأة مهاجرة
 2019/09/15 10:30 صباحاً | 500 مشاهدة | 0 تعليق

أطلقت مؤسسة انتصار الخيرية لخدمة انتصار سالم العلي، كتاباً بعنوان (دائرة الحب) بجوهر على تجارب 110 امرأة مهاجرة في العالم. وأقيمت الاحتفالية التي تم تحفيها في العاصمة الإيطالية لندي في مكتبة (أولمبي) بحضور العديد من الشخصيات الدبلوماسية والإعلامية والثقافية. والذين ساهموا بإقتناءهم الكتاب. النساء اللاتي عانين الحروب للكتاب على مساهمتهن.

وقالت الشبيخة انتصار العلي في تصريح صحفي، إن روح هذا الكتاب كاتلا مستم توجبه إلى مؤسسة الخيرية ما يدفع نحو تحقيق أهدافها وأهدافها لأهل مليون امرأة عربية عانت من الحروب.

وأضافت أن الكتاب يحكي عن تجارب 110 امرأة مهاجرة عيون من قوفاً واحدة في كتاب واحد يستعرض حوفاً شخصيات نسائية مختلفة. وأوضحته في هذا الصدد أن كل واحدة منهن مهمة ومتميزة في مجالها مثل الشعر والغن والرقص والخطبة وذلك في مسعى لإيصال النساء بكل ما تشغلهن على الواقع والتفكير الذي نالت وماهولة التحديات بوقفاً.

وأشارت إلى أهمية توثيق ذلك الصلة من خلال إلهام النساء بهذه القصص المهمة ما يجعلهن في يوم ما دائرة الحب كمشخصات مهمة وأجاجة موحدة في كتاب واحد. عاين ما أسس الحروب حيث يلهغن وقد فعلن نحو العمل.

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EL HEWAR

رئيسية | أخبار الكويت
بناتنا مرور عام على انطلاق مؤسسة انتصار الخيرية ميدانياً الشبيخة انتصار العلي في إعادة تحميل 110 امرأة عربية وسنكمل المليون عام 2035
 2019/09/15 10:30 صباحاً | 500 مشاهدة | 0 تعليق

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دولة الكويت
 وزارة الاعلام
نحننا في إعادة تحميل 110 امرأة مهاجرة وسنكمل المليون عام 2035
 2019/09/15 10:30 صباحاً | 500 مشاهدة | 0 تعليق

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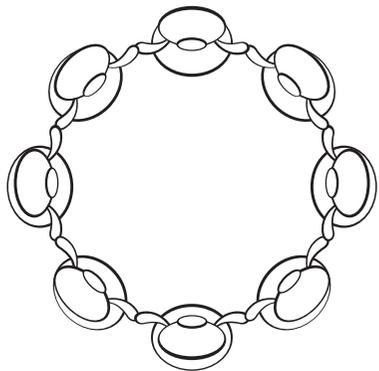
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OUR FAMILY GROWS

Intisar Foundation started assembling a technical committee in 2019 which would act as an unbiased body to counsel and support the foundation's efforts. The committee will be comprised of specialists in the fields of psychology, research, ethics, law, theater interventions and humanitarian work. This committee will ensure all actions implemented by the foundation are carried out through the best possible practices.

We welcomed a new member to our technical committee, **Dr Lina Haddad Kriedie**, advisor and senior researcher at Intisar foundation. Kriedie is a 2017-18 US Fulbright scholar in Jordan, Jerome and Hazel Tobis fellow at the University of CA, Irvine Interdisciplinary Center for the Scientific Study of Ethics and Morality, University of Chicago Harris School for Public Policy Council member since 2012. Kriedie's research focuses on trauma in relation to refugees in the Arab world, and the political and psychological impact of war on civils.



technical committee
Dr Lina Haddad



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to empower one woman

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Sponsor for 3 months full
Drama Therapy program to
empower one woman

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Sponsor one Drama
Therapy session to
empower 15 women

20,000 \$

Sponsor for 3 months a full
Drama Therapy program in
Lebanon or Jordan



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#1MILLIONARABWOMEN

**ACT
for
PEACE**

Abbreviations:

HH - Her/His Highness

NGO - Nongovernmental Organization

ToT - Training of Trainers

ICRC - International Red Cross Committee

PTSD - Post-traumatic stress disorder

UK - United Kingdom