



Timeline of Intisar's Foundation Activities and Achievements in 2020



January 29 th	Circle of Love Book Launch In Kuwait "87 Inspiring Women Overcoming Their Own Challenges" (Intisar Foundation – Assouline)
February 11 th	Milken Institute International Conference – Abu Dhabi "The Rise to Empowerment & Reach" (Intisar Foundation – Milken Institute)
March	Start of the Remote Sessions of Drama Therapy Online "Adaptation To The World Of Tech During COVID 19 Crisis" (Intisar Foundation)
March	Grant For Research Studies From University of California, Irvine Medical Humanities Center "Sponsoring Grants for Our Research Studies" (Intisar Foundation – Irvine Medical Humanities Center)
April	Publication of the First Research Paper By Intisar Foundation "The Power of Theater Expression and Communication: A Psychological Therapeutic Intervention in a Refugee Camp" (David Journal – Intisar Foundation)
May 2 nd	The Call To Unite "Peace & Unity in the Arab Region" (HH Sheikha Intisar AlSabah among influential presidents, leaders, entrepreneurs, and international artists and actresses in the world)
June 6 th	UN Webinar of "Women, War, Mental Health, and the Quest for Peace" "Shaping Peace Progress and Drama Therapy In One Webinar Event" (Intisar Foundation – UN Kuwait – UHNCR – UN Women)
July 24 th	Women Power Podcast (WPS) "# 1 million Arab Women By The Year 2040?" (Intisar Foundation – Women Power Podcast)
August 31 st	Refugees In Town (RIT) Paper "The Path Towards Emotional Freedom" "Vulnerability Is A Two-Way Street" (Intisar Foundation – Tufts University) – Soon To Be Published
August	Seeds of Peace Documentary in Jordan Stories of our newly empowered women agents of Peace (Intisar Foundation)
September	Crowdfunding Online To Help Women in Beirut Heal From Trauma "Empowering and Healing Women After Beirut's Explosion" (Intisar Foundation – Local NGOs)
September 15 th	Signed Historical MoU With USEK "Scholarship Grants to 15 Students" Expanding The Pool Of Drama Therapists in the Arab World (Intisar Foundation – USEK)
September 15 th	Drama Therapy To Women "Podcast Show With Warde Bou Daher" "Enlightening The Power of Women Affected By War Through Drama Therapy" (Intisar Foundation – Hakawati Radio Station)

September 23 rd	World Humanitarian Forum – participation of HH Sheikha Intisar AlSabah “Modern Obstades To Gender Equality & COVID19 Effect On Women” (Intisar Foundation – WHF)
September	New Board Members & Advisors at Intisar Foundation “Growing Our Partners” (Dr Nisha Sajnani Head of Dramatherapy department at New York University Mr Richard Hougham, Head of Arts Therapies department at the Royal College of Speech and Drama, Mrs Karma Ekmekji UN women consultant)
October	Release of Intisar’s Foundation Annual Report (English and Arabic) “Annual Report On Paper” (Intisar Foundation)
October	New program : Free EMDR Sessions To Women Affected By Beirut’s Explosion “Helping Women of Beirut Heal From Trauma” (Intisar Foundation - Embrace)
November 15 th	Women Digital Summit “Enlightening The Power of Women Affected By War Through Drama Therapy” (Intisar Foundation – Hakawati Radio Station)
October 22 nd	Neuroscience Booklet “Can Drama Therapy Evoke Neuroplastic Changes in the Brain?” (Intisar Foundation)
December	140+ Newly Empowered Women Agents of Peace “Growing The Pool of Empowerment To Women Affected By War” (Intisar Foundation)

