



ANNUAL REPORT 2021

Message From Our Founder HH Sheikha Intisar AlSabah

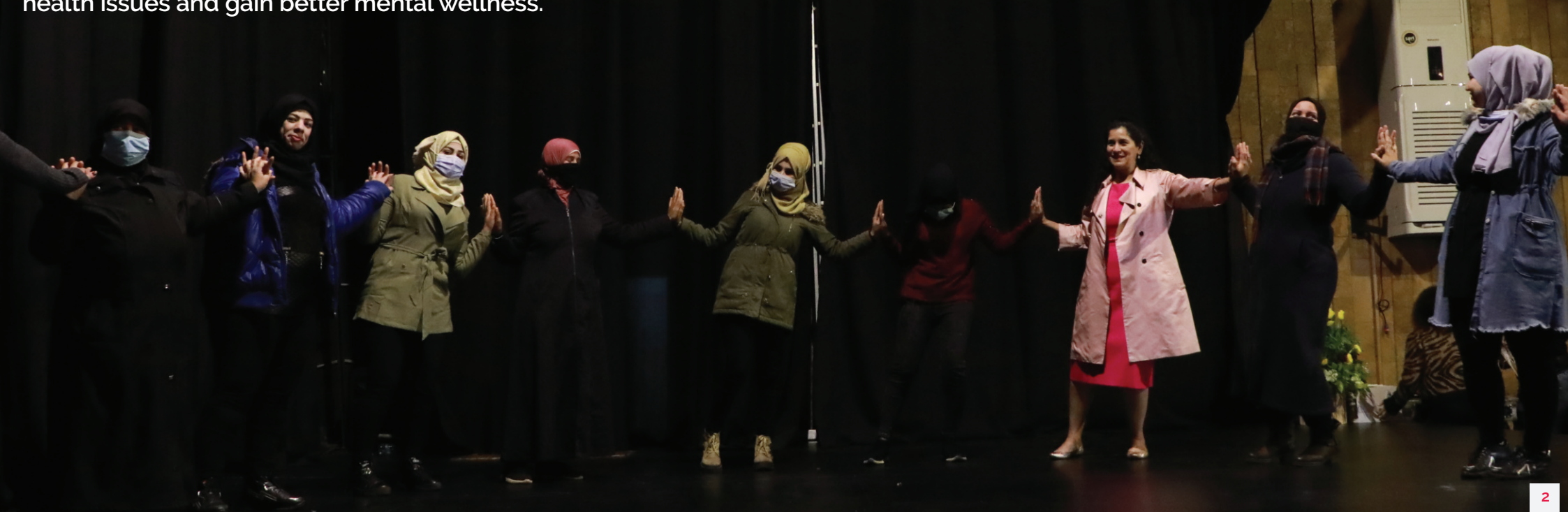
To my Peace-loving community,


Thank you.

I am starting my annual letter by expressing how grateful I am to all of you, because the achievements of the Intisar Foundation in each and every key area of measurement in 2021 are a reflection of your trust and support, as well as the commitment of our dedicated and hard-working team, and above all, the indelible desire for a better life that is always exhibited by our **#AgentsOfPeace**.

The challenges imposed by the profoundly disempowering trauma that engulfs our **#AgentsOfPeace** are at times quite difficult, and although the story of how successful we can be at responding to them is still being written, more and more insights are emerging which tell us that we are on the right path. Better yet, we are laying a path for others to follow.

I consider 2021 to be a remarkable year because finally everyone around the world is talking about mental health, and finally everyone around the world is looking for ways and tools to relieve mental health issues and gain better mental wellness.



A black and white portrait of HH Sheikha Intisar AlSabah, Founder and Chairwoman of the Intisar Foundation. She is shown from the chest up, turned slightly to her left, looking off-camera with a gentle smile. She has dark, wavy hair pulled back and is wearing a light-colored, possibly white, collared shirt. The background is dark and out of focus.

Furthermore, the fact that the World Health Organisation has recognised the arts as a healing tool and has started advocating for more research on the impact of the arts in the health arena is also something big and very new to this world.

We at Intisar Foundation are so proud that we are the pioneers in using the arts, and especially drama therapy, to heal mental health issues of Arab women traumatised by war and violence and to help them get to the level of inner Peace that transforms them into the ambassadors of Peace in the Arab world. That is why we call them **#AgentsOfPeace**.

We are committed to continuing this important work —with honour.

HH Sheikha Intisar AlSabah
Founder and Chairwoman
Intisar Foundation

TABLE OF CONTENTS

| | |
|----|---|
| 02 | Message From Our Founder and Chairwoman HH Sheikha Intisar AlSabah |
| 04 | Table of Contents |
| 05 | Our Champion of 2021 |
| 06 | Our Commitment to Bottom-up Peace-Building Efforts |
| 07 | Our beliefs |
| 08 | Research Publications in 2021 |
| 09 | Our Commitment to the United Nations' Sustainable Development Goals |
| 10 | Our Mandate |
| 11 | Our results |
| 13 | Regional and International Recognition in 2021 |

| | |
|----|---|
| 14 | Providing Psychological Support Programmes of Drama Therapy to Arab Women Impacted by the Trauma of War and Violence |
| 15 | One Story of Self-Empowerment |
| 16 | Testimonials from our Agents of Peace |
| 17 | Expanding our Drama Therapy Programmes |
| 18 | Our Response to the 2020 Beirut Blast Continues |
| 19 | Nurturing Arab Talent in the Field of Drama Therapy |
| 20 | Our artistic advocacy work |
| 21 | International Film Festivals |
| 22 | We Won |
| 23 | Conferences and Webinars |
| 25 | Media Coverage |
| 28 | Our partners |
| 29 | Message From Our CEO Karima Anbar |
| 30 | Support our Mission of Peace |
| 31 | Get in Touch |

OUR CHAMPIONS OF 2021



“Taja Sport” was born on March 8th, 2021. A free, digital platform created by the journalist and gender equality advocate Aziza Nait Sibaha. Edited in both Arabic and French, Taja magazine and www.tajasport.com are two sides of a new media, also available on social media, exclusively dedicated to women in sports in the MENA region. An unprecedented initiative to promote the practice of sports among young girls and women in the Arab world and highlight women's sports achievements in the region.

For Aziza Nait Sibaha, the media interest in women's sports achievements is minimal compared to the media exposure of men's sports. She says,

“This does not help change the mentalities that still prevent millions of women from empowering themselves through sports.”

Aziza Nait Sibaha

Executive Editor and Senior Anchor at France 24, and Founder of Taja Sport.



Aziza Nait Sibaha began her career as a journalist in 1997, she is now both Senior TV Anchor and Executive Editor at the Paris based **France 24** news channel. She also teaches “Public speaking techniques” at the Political Studies Institute in Paris.

Her experience as a journalist includes working in Morocco, Canada, Kenya and France, before joining France24, when it was created in 2006. She has conducted hundreds of key interviews with prominent international figures during her career, reaching a wide range of audiences through different platforms.

Ms. Nait Sibaha Founded in 2019 a consulting and training firm (Lead Up) to help C-Level managers develop their leadership through public speaking techniques.

She is also often invited as a keynote speaker in high-level international events, to speak about gender equality and inclusion. Through Taja Sport, she decided to use her 25 years' of experience as a journalist to promote gender equality through sport this time.

OUR COMMITMENT TO **BOTTOM-UP** **PEACE-BUILDING EFFORTS**





OUR BELIEFS

Intisar Foundation's vision is to contribute to achieving Peace in the Arab world by helping Arab women impacted by the brutality of war and violence to become self-empowered and bring Peace to themselves and their families.

A large body of research shows that the impact of violence and war can extend across generations and manifest in all areas of life, including economic, emotional and social. People and regions that have suffered through war and violent episodes often continue to suffer for decades after the last bomb was dropped.

We believe, as many researchers have proven, that psychologically supporting those who have been impacted by war can lead to a sustainable and personally-driven growth, development and Peace. In doing this, we believe that women are the cornerstones of every house in every community. Therefore, if we support women and help them to become self-empowered, we are supporting and self-empowering a household, a neighborhood, and a city. Peace can grow from within and flourish outwardly, positively impacting children, siblings, parents, and entire communities.

As we continue to grow our field, research and educational efforts every year, we are actively working towards a more Peaceful Arab world where fear and trauma do not have a place anymore to linger and cause pain.



RESEARCH PUBLICATIONS IN 2021

Intisar Foundation continues its committed efforts to further research in the fields of psychology, drama therapy, and mental health support for Arab women affected by war and violence.

In 2021, our research projects continued in various stages of implementation and data collection. We intensified our efforts for advocacy on the importance of creating documented, research and evidence-based programmes.

Refugees in Towns, a Tufts University publication and research project, published an article entitled **"Peace for Refugee Women in Shatila through Drama Therapy"**. This article, authored by Sara Sakhi and Lynn Hariri, is a reflective piece that examines the impact of psychological trauma on the ability of refugees to integrate into their urban surroundings. The article delves into the importance of mental health support, specifically drama therapy, and the implications of this approach on both the beneficiaries and the practitioners and researchers who work with them. The article was published on Refugees in Towns in March 2021.



Peace for Refugee Women in Shatila through Drama Therapy

A Reflection from Refugees in Towns
Shatila, Beirut, Lebanon

Sara Sakhi & Lynn Hariri



refugeesintowns.org

Refugees in Towns is a project of the Feinstein International Center. More information on the project, including more case study reports, is available at <https://www.refugeesintowns.org/>

The Feinstein International Center is a research and teaching center based at the Friedman School of Nutrition Science and Policy at Tufts University. Our mission is to promote the use of evidence and learning in operational and policy responses to protect and strengthen the lives, livelihoods, and dignity of people affected by or at risk of humanitarian crises.

Twitter: @RefugeesTowns

[LinkedIn](#)

About the Authors



Sara Sakhi is an Afghan-Lebanese coordinator and researcher working in the field of mental health. She studied psychology in Middlesex University Dubai and moved to Lebanon to work in the humanitarian field, combining psychology, research and humanitarianism. She has worked with Intisar Foundation since 2018, with a strong focus on Drama Therapy and refugee women.



Lynn Hariri graduated from the field of Journalism and Media Communications from Antioch University in 2018. She built trustworthy relationships with United Nations representatives, NGO workers and advocates, and local officials. Her work with Annahar English Newspaper and Intisar Foundation helped her expand her skills in the world of social media and communication.

Acknowledgments: The authors would like to thank HH Sheikh Intisar AlSabah, Ms. Karima Anbar, Ms. Farah Wardani, Ms. Madison Chapman, Mr. Charles Simpson and the resilient women of Shatila for making this report possible.

Editor's Acknowledgments: This report was edited by the following members of the RIT team: Karen Jacobsen and Madison Chapman.

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refugeesintowns.org

OUR COMMITMENT TO THE UNITED NATIONS' SUSTAINABLE DEVELOPMENT GOALS

Intisar Foundation's work is aligned with number of the 17 United Nations' Sustainable Development Goals (SDGs), and specifically contributes to:

SDG3: Good Health and Well-being

Mental health and physical health are intrinsically connected. Intisar Foundation supports women's psychological health to ensure that both their mental and physical well-being are safeguarded.

SDG16: Peace and Justice Strong Institutions

Our work with partners in the fields of humanitarian initiatives, academia, psychology, education, and media creates a sustainable map for the achievement of our goal #1MillionArabWomen.

SDG17: Partnerships to achieve the goals

Our main funding partners, Intisars and Ebbarra, support our mission to cultivate a more peaceful Arab world by adhering to strict ethical and sustainable work standards.



SDG4: Quality Education

By providing 15 scholarships annually in partnership with USEK to prospective drama therapists, we are contributing to the quality education of Arabic speaking women in the Arab world.

SDG5: Gender Equality

Our drama therapy programmes work on healing and self-empowering Arab women who have been victims of war and violence to overcome obstacles and become Agents of Peace in their communities.

SDG8: Decent Work and Economic Growth

SDG12: Responsible Consumption and Production

We work directly with war and violence affected women to reduce inter-group tensions and promote bottom-up Peace-building on a community level.

OUR MANDATE

We serve as a hub for actionable knowledge to catalyse the self-empowerment of Arab women to bring Peace to the Arab world by:



Providing psychological support programmes to Arab women impacted by the trauma of war and violence using drama therapy,



supporting the education of the next generation of female Arab speaking drama therapists,



conducting rigorous in-house research to help offset the significant dearth of research in the field of drama therapy and mental health in the Arab world.



Each of these three strategic goals is directed towards achieving the foundation's **#1MillionArabWomen initiative**, a 30-year plan to alleviate psychological trauma in one million Arab women impacted by the brutality of war and violence through the use of drama therapy.

OUR RESULTS IN 2021



Facilitated 6 drama therapy programmes



Implemented over 80 drama therapy sessions



Invested more than 1,200 hours of field work by our staff members



Reached over 135 beneficiaries



Reached over 810 indirect beneficiaries



Provided 4-5 scholarships to students

OUR OVERALL RESULTS

2019-2021



Facilitated 18 drama therapy programmes



Implemented 273 drama therapy sessions



Invested 3,420 hours of field work by our staff members



Reached approximately 400 women



Reached over 2,400 indirect beneficiaries



Published 1 journal article



Published 2 research reports

REGIONAL AND INTERNATIONAL RECOGNITION IN 2021



STEVIE® Awards by the Ras Al Khaimah Chamber of Commerce & Industry

Intisar Foundation won two prestigious
STEVIE® Awards:

GOLD STEVIE® WINNER
in Innovative Growth
Achievement Award



GOLD STEVIE® WINNER
in Innovative Management
in a Non-Profit Organisation



The Ras Al Khaimah Chamber of Commerce & Industry sponsors the Middle East and North Africa Stevie Awards, an international business awards competition inclusive to all organisations in 17 Middle Eastern and North African countries. More than 70 experts voted to select the Gold, Silver, and Bronze Stevie Award winners, and the Foundation was selected to receive both awards from among more than 400 nominees.



**Intisar Foundation Ranks
157 /200 Top NGOs in the
world on NGO Advisor**

NGO Advisor compiles a comprehensive list of the world's best NGOs and SGOs to showcase their work, knowledge, and areas of interest with the world.

Intisar Foundation has ranked 157th amongst the world's 200 best social good organisations for 2021 in the NGO Advisor's global ranking. There are over ten million active NGOs throughout the world, but only eight make it into this global ranking, and we are honoured to be one of them.

**PROVIDING PSYCHOLOGICAL SUPPORT PROGRAMMES OF
DRAMA THERAPY TO ARAB WOMEN IMPACTED BY THE
TRAUMA OF WAR AND VIOLENCE**



ONE STORY OF SELF-EMPOWERMENT

In 2021, Intisar Foundation had the privilege of meeting many remarkable Arab women who participated in our psychological support programmes of drama therapy, and later on shared with us their stories of betterment and empowerment due to the positive impact of drama therapy on their lives. We have been inspired to feature these stories on our website and within our monthly newsletter which are all based on the interviews conducted with these women by our in-house experts.

MARAL'S STORY

Maral is an Armenian-Lebanese artist living in Beirut who was affected by the 2020 Beirut Port explosion. In 2021, she joined the economic empowerment drama therapy programme launched by Intisar Foundation in partnership with **Stand For Women**. Throughout the programme, she worked on overcoming her trauma and improving her mental health to be able to regain her passion for art. Within six months of joining the programme, Maral was self-empowered to launch her own exhibition in order to showcase how trauma can be transformed and channeled into art.



Click here to watch
Maral's full journey



TESTIMONIALS FROM OUR AGENTS OF PEACE



- Rama -

"The negative thoughts decreased. I used to be pessimistic in a way that I thought that nothing was going to work out for me. Now, I have more positive thoughts. In one of the sessions, you asked us about a wish, and mine was to travel. Even though it is a very basic thing, I am hoping that it might actually happen. I started having faith in long-term dreams."



- Siham -

"The drama therapy programme helped me get myself together. I needed to be more confident and to have a stronger personality. It also taught me with how to deal with my kids and people in general. It helped me prioritize my mental health. To think about things that make me feel good. My anger decreased, I was able to take care of myself, realize what was hurting me, and try to be more attentive to my needs."



- Tabarak -

"When they first told me about the programme, they said it was about mental health. In our society, we do not care about our mental health, we do not believe in such things. However, our mental health is even more important than our physical state sometimes. Sometimes, mental illnesses are harder than physical illnesses. With sickness, you take some medicines, and you get better. As for mental illnesses, you don't get better directly. When you feel better mentally, you directly feel better physically. It is very important, but we didn't know that."



- Sandra -

"I expected it to be a place to have fun. I wasn't expecting you to be this good with us and give us this much help. I thought you were like any other organisation that was here only to let us have fun. However, you gave us optimism and confidence. You helped us have a better mental state. You were like a family not just teachers."



- Amaal -

"I benefited in a way that I started loving myself more, and that I am the most important person in my life, more important than everyone else. I used to always put people first, I always cared for people's feelings before mine, so that I don't make them upset. I put people's needs and feelings before my own. Now my feelings are the most important."



- Sawzan -

"I felt like life had a meaning again. I have to be patient, take care of myself, and be strong for my family. Many things became clearer throughout the programme. You see life in a new perspective. You feel like you are in a different place mentally. I was very depressed and in despair. Due to the programme, I felt like I shouldn't be depressed or miserable, but that I should encourage myself and start having some self-confidence. I should work on myself and my kids as much as I can."

EXPANDING OUR **DRAMA THERAPY PROGRAMMES**

OUR PARTNERS

In 2021, Intisar Foundation forged new partnerships and expanded its efforts to different geographical areas and demographic segments.



We forged a new partnership with **Anamel**, a non-governmental organisation based out of Bchamoun in southern Beirut. Anamel is a grassroots local NGO that dedicates its efforts to the vocational and educational development of Syrian refugee women in Bchamoun, south of Beirut, Lebanon. Since its establishment in 2017, Anamel has been offering vocational training and employment opportunities for Syrian refugee women including catering services, embroidery and sewing, as well as various development and self-empowerment programmes for adult and young women. Our partnership with Anamel has opened the door to a new population of refugee women and a new setting for Intisar Foundation to work in.



Our long-standing partnership with **National Institution of Social Care and Vocational Training (NISCVT)**, a local NGO that operates inside 12 refugee camps across Lebanon, allowed us to continue our drama therapy programmes inside Shatila refugee camp in Beirut, Lebanon. NISCVT has been a valuable partner to Intisar Foundation for over two years and continues to provide support to refugee women in various forms including vocational training for refugee adults, and cultural seminars, kindergarten and remedial classes for refugee children.



In response to the Beirut Port Explosion that took place on August 4th, 2020, Intisar Foundation has partnered with Stand For Women, a Beirut-based non-profit organisation, to offer an economic empowerment and psychological support programme based on drama therapy to women in business who were affected by the 2020 Beirut Port explosion. Both Intisar Foundation and Stand For Women believe that economically empowering women begins with healing their trauma and self-empowering them to overcome challenges and lead productive lives in their communities. The programme was implemented in Beirut, and the sessions focused on providing psychological support that would ultimately help the participants find the resilience needed to continue their economic activities. The participants of the programme included artists, entrepreneurs, and educators.

OUR RESPONSE TO THE 2020 BEIRUT BLAST CONTINUES

In 2021, Intisar Foundation continued its programme to support women impacted by the trauma of the 2020 Beirut Port explosion, which devastated the entire country of Lebanon, killing over 200 and injuring over 5,000 people.

The trauma and pain caused by this unfortunate event emboldened us to take action and continue our efforts by offering the EMDR (Eye Movement Desensitization and Reprocessing Therapy) programme, which was implemented in partnership with Embrace, a local Lebanese mental health NGO.

This programme helped women who had experienced this event to effectively overcome their trauma and regain a semblance of normalcy in their daily lives.





NURTURING ARAB TALENT IN THE FIELD OF **DRAMA THERAPY**

Since signing the historic Memorandum of Understanding with USEK in 2020 to offer scholarships to outstanding female Arab students pursuing master's degrees in drama therapy, we have witnessed the dedication and effort in their studies and on the field. We continue to monitor and supervise the progress of our 5 enrolled students, who are now in their second year of the programme, whilst we continue to provide them with our continuous support on their path to graduation, enabling us to achieve our goal of fostering Peace in the Arab World.



Ghalya Saab,
MA OF ARTS IN PERFORMING ARTS

"Intisar Foundation did not only support us as individuals, but it also supported the university to develop its curriculum in line with the best international universities in drama therapy," said Ghalya, one of the first recipients of the master's in drama therapy scholarship.

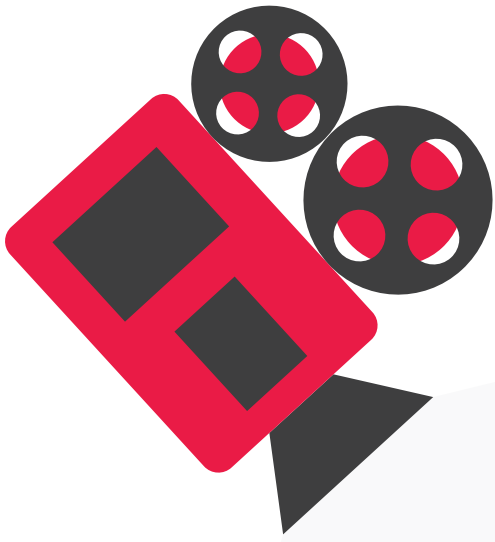


Jennifer Nasrallah,
MA OF ARTS IN PERFORMING ARTS

"At the end of the programme, one of the participants expressed her feelings about how she has become more self-confident, cultured, and that she realised that she is a person that loves to help other people around her" said Jennifer, one of the first recipients of the master's in drama therapy scholarship.

OUR ARTISTIC ADVOCACY WORK





INTERNATIONAL FILM FESTIVALS

Intisar Foundation's documentary "I Will be Fine" directed by Zein El Cheikh was selected for screening at **over eight** prestigious international film festivals in 2021, including the ArtsxSDG Film Festival, The Lebanon Interntional Independent Film Festival, Tagore International Film Festival, ARFF Paris Film Festival, The NGO International Film Festival Festival, and Beirut International Women Film Festival 2021.



WE WON

In addition, "I Will be Fine" was a finalist in both the **ARFF Paris Film Festival** and the **NGO International Film Festival** and was selected the winner of the **Tagore Film Festival's 21st season in the Short Films Category.**



"I Will be Fine" is a fourteen-minute-long documentary that presents the life stories of 18 Arab women participating in a drama therapy programme offered by Intisar Foundation at Shatila Refugee Camp in Beirut, Lebanon. The film documents the positive impact of providing psychological support to Arab women who have been impacted by war and violence.



The "I Will be Fine" documentary is tailored towards showcasing the process of self-empowering our beneficiaries and broadening their potential through the use of drama therapy as a case study of the future impact of our **#1MillionArabWomen** initiative, a 30-year-plan to alleviate trauma in one million Arab women affected by the trauma of war and violence



CONFERENCES AND WEBINARS

In 2021, HH Sheikha Intisar AlSabah and the Intisar Foundation team were invited to speak at several conferences and webinars to offer greater details about the foundation's observations and exclusive data on mental health in refugee Arab communities across Lebanon and Jordan. As advocates for women's self-empowerment and Peace in the Arab world, the Intisar Foundation team also presented evidence of how their work constitutes a bottom-up Peacebuilding effort in the Middle East.



Workshop

February 1, 2021

We organised a collaborative webinar with the University of Exeter with the Creativity and Emergent Education Network to explore drama therapy as a healing creative therapy that helps in building Peace in the Arab world.



"Empowerment of young women in the MENA region"

August 11, 2021

In this webinar, HH Sheikha Intisar Al Sabah discussed the important role that young women play in fostering resilient societies and paving the path towards sustainable Peace and development across the MENA region.



"Achieving women's self-empowerment for a better world"

March 8, 2021

In commemoration of International Women's Day, Intisar Foundation hosted a virtual knowledge sharing session with some of the most distinguished experts and decision-makers from the world in order to discuss the most effective solutions for empowering Arab women.

The webinar featured renowned philanthropists, researchers, and representatives of different embassies and UN agencies, including HH Sheikha Intisar Al Sabah, Dr. Tarek El Sheikh, HE Alina Romanowski, Mr. Omar Odeh, HE Anne-Claire Legender, and moderator Dr. Alanoud Al-Sharekh.

The webinar focused on raising awareness about the hardships of Arab women who have been impacted by the brutality of war and violence. Additionally, it aimed to promote Peace through an open discussion about various topics including Arab women's personal, social, and economic empowerment.



UN Special Rapporteur on Violence against Women

September 21, 2021

HH Sheikha Intisar AlSabah led a thematic consultation on psychological violence against women and its consequences with Reem Alsalem, the UN Special Rapporteur on Violence Against Women. The meeting was also attended by the Intisar Foundation CEO Karima Anbar and 14 other participants.



International Society of Political Psychology

13 July, 2021

“Drama Therapy Intervention; Women’s Mental health and the Path to Bottom-up Peace Building” “The Power Of Theater Expression And Communication”

Mental Health is an essential intervention in tackling any post-conflict situation. Women are often neglected as actors in the Peace building process. Drama therapy is an approach that has been used by Intisar Foundation with women who survived conflict but continue to suffer with its psychological consequences. Peacebuilding is one of the outcomes of drama therapy, as we see our participants becoming more willing to engage with their communities Peacefully and positively.



April 6, 2021

IMA Business and Economic meetings

“Female Leadership And Empowerment In The Arab World”

In this virtual meeting, HH Sheikha Intisar Al Sabah shared her personal experience of finding ways to become self-empowered after experiencing war trauma, and also discussed women's economic vulnerability in the Arab world.

In addition, she emphasised the importance of Intisar Foundation's drama therapy programmes for self-empowering women psychologically and economically to achieve Peace and equality in the Arab world.



Nov 15-17, 2021

“Women’s Leadership Innovative and Equitable Entrepreneurship”

In this virtual conference, HH Sheikha Intisar Al Sabah discussed the impact of war on women's capability to excel as entrepreneurs and how the efforts of Intisar Foundation are supporting the development of women's entrepreneurial skills.



MEDIA COVERAGE

Online and Print Media

CEO
MIDDLE EAST

WORLD
ECONOMIC
FORUM

Art Talk
Magazine

DIPLOMAT
MAGAZINE

VOGUE
ARAB

BAZAAR
Happier

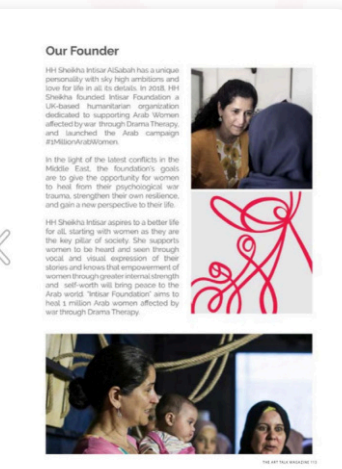
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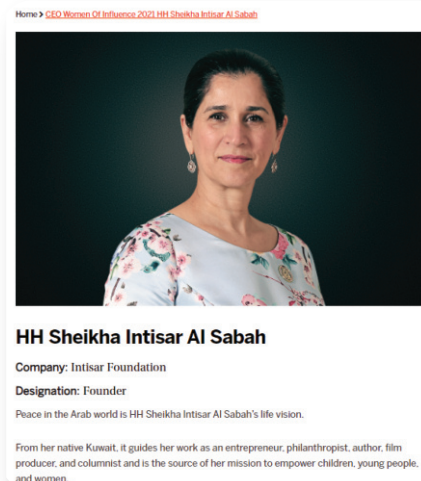
Arabic
Business

THRIVE GLOBAL

Womana

THE DAILY STAR
LEBANON







Podcasts



UCI Podcast

"The Science and Art of Peace"



Entrepreneur Magazine Podcast

"Against All Odds"



VVPodcast- Vital Voices Podcast

Power to Empower series, "HH Intisar Al Sabah on Rebuilding Strength in the Face of Adversity"



The Levant x podcast

"The Start Journey of Intisar Foundation with HH Sheikha Intisar Al Sabah"



Global Women Leaders Podcast with Founder Kimberly Gire

"Mental Health in an Unequal World"



Television



France 24

"Dayef Wa Masira" with Aziza Nait Sibaha



MTV

"Up to Date" program discussing "Intisar Foundation's mission of Peace"



Join us on MTV Lebanon to know more about Intisar Foundation's mission for Peace

On "Up to date" program

Monday, 15th February 2021 9 AM Beirut time



Dr. Myriam El-Khoury Malhame

Assistant Professor of Psychology, EMDR Therapist, and Senior Researcher at Intisar Foundation



Ms. Sara Sakhi

Psychology Researcher and Field Coordinator at Intisar Foundation

OUR PARTNERS

FIELD PARTNERS



STAND FOR
WOMEN

embrace UTOPIA

FUNDING PARTNERS

Intisary

EBBARRA



gofundme

EDUCATION PARTNERS



MEDIA PARTNERS



شاركنا
Sharekkna

OTHER PARTNERS



VOLUNTEER
BEIRUT

antworx!
hub for the independent workforce

لبن LABAN
Live Lactic Culture



NESCAFÉ





Message From Our CEO

Karima Anbar

Dear friends,

This is my first opportunity to share with you my thoughts, ambitions, and dreams for the Intisar Foundation, and I hope that the previous pages of this annual report have shown you how determined we are to always be there for Arab women traumatised by war and violence - and despite any challenge or obstacle that we might be facing at any given moment in time.

The last two years tested everyone, breaking families and communities and bringing to the surface increased uncertainty about the future. However, our **#AgentsOfPeace** have been living in this kind of inner and outer environment, coping with harsh realities, for days, years, and even decades.

Therefore, I believe that the last two years have raised an important question - do we demonstrate empathetic and responsible leadership only when we or those close to us suffer, or do we lend a helping hand even when we cannot directly see or hear those who are in pain?

This year marks our 4th anniversary as the Intisar Foundation. It is a milestone that offers a vivid reminder that our founder HH Sheikha Intisar, our supporters such as yourselves, and our team have never been deaf to the cries of Arab women traumatised by war and violence.

Over these five years, HH Sheikha Intisar's work and vision of Peace have been presented at international conferences by the UN General Assembly, the UN Office in Kuwait, the UNHCR in Kuwait, UNICEF, World Humanitarian Forum, The Call To Unite, Milken Institute, and many other global and regional organisations. Our scientifically proven work has also been featured by the World Economic Forum, Forbes, Thrive Global, Arabian Business, The National, Gulf Business, and many others.

On this basis, I can now confidently say that it is in the Intisar Foundation's DNA to be ambitious and we have a bright future ahead with our plans to further expand across the Arab world, growing HH Sheikha Intisar's vision of Peace through our bottom-up Peacebuilding efforts in every Arab community.

Join us in building Peace together for this region that we all love so much.

Karima Anbar
CEO
Intisar Foundation

SUPPORT OUR MISSION OF PEACE

\$1,600

To cover a full drama therapy programme to empower one woman.

\$350

To cover drama therapy sessions to self-empower one woman.

\$1,000

To cover one drama therapy session to empower 15 women.

\$20,000

To cover a full drama therapy programme in Lebanon and Jordan

Visit our website www.intisarfoundation.org
to donate and support our mission of Peace

GET IN TOUCH



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UK Registration Charity Number: 1182384